

TLC

Being A Writer

Write Club Plus: Amplify

Amplify your creative practice with Write Club Plus. In this 3 month group coaching programme, come together with like-minded writers working seriously towards individual writing goals, who want to make tangible progress with their writing with the support of their peers.

Length: 3 months (12 weeks)

Format: Live online group coaching

Level: Intermediate to advanced*

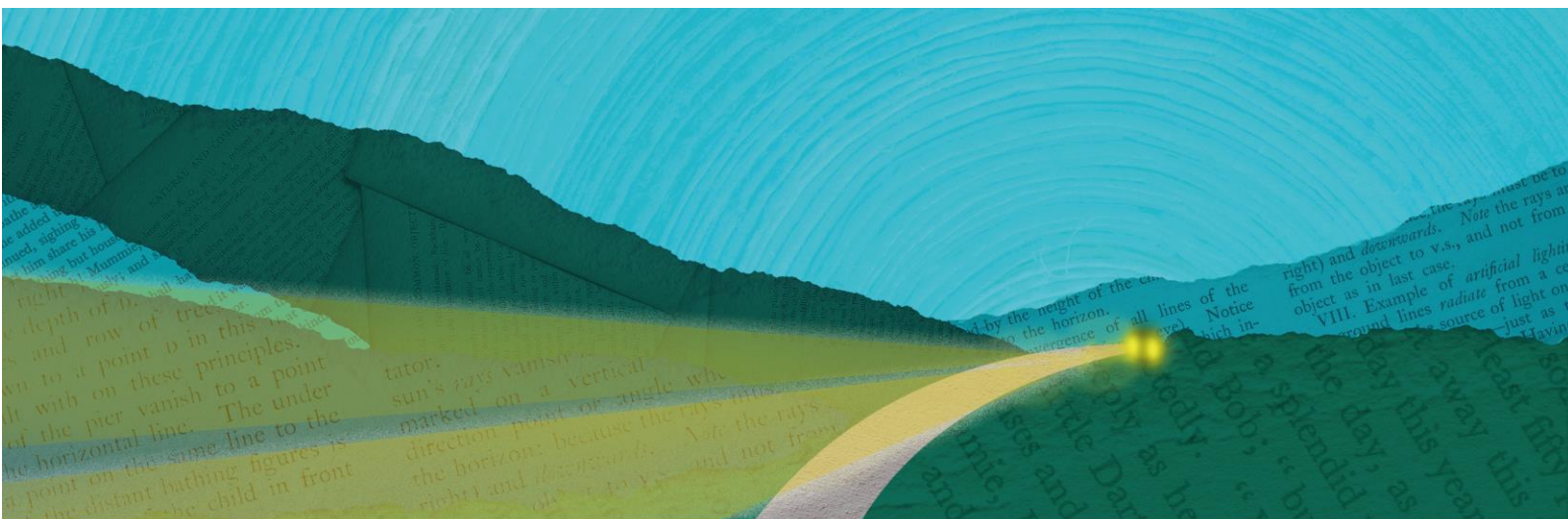
Tutor: Julia Forster

Places: 15 places maximum, by application

Fees: £850/£600 (inc. VAT); Earlybird £750/£500 (inc. VAT)**

Accessibility: Sessions will be held on Zoom with a live transcript available. Recordings of all live sessions will be available with access to captions. All visual content will be audio-described and materials are available in advance on request.

**This is a group coaching programme and is best suited to committed writers who already have a solid grasp of basic elements of craft.*



What's included

- Biweekly live group sessions (x7 in total)
- A comprehensive goal-setting framework
- 12-week Roadmap with weekly prompts and exercises
- Video and text resources for non-live weeks
- A private digital space for peer support, sharing of work, and accountability
- 1 x 30-minute 1:1 coaching session with Julia at any time during the programme, to help you focus and take clear steps forwards
- **Bonus:** Entry to *all* Being A Writer co-writing sessions across 2024 on a drop in basis
- **Bonus:** A suite of bespoke digital resources created especially for you
- **Bonus:** Automatic 1-year membership to the Being A Writer programme alongside your Write Club Plus membership if joining as a non-Member, for sessions on writing craft, wellbeing, and industry

See our 12-week Roadmap Preview on the next page...

Programme Overview

Week 1: Goals (Live session)

Studies show that writing down our goals can increase our likelihood of achieving them [by 33%](#). In this session we look at comprehensive frameworks for building tangible, achievable, but also holistic goals so that you can track the progress of your writing in parallel with your progress as a writer over the coming months

Week 2: Values

Often, writers will tell us that they find it hard to prioritise their creativity. But really what is happening is a deprioritisation of our writing over other commitments. By looking at what we value and exploring our personal hierarchies of need, we can start to find a more holistic balance within ourselves, and our writing

Week 3: Motivation (Live session)

As one of our 2023 participants put it, 'writing is not just about finding time, but finding quality time'. What are the conditions we need to create for ourselves to truly connect with our motivations for writing, so that we can build quality time into our daily practice in a way that feels energising and possible?

Week 4: Inspiration

Where does inspiration come from, and what happens when the muse doesn't appear? We look at the myths and realities of inspiration, and look at how to harness the power of new ideas as fuel for our writing practice

Week 5: WIP Manifesto (Live session)

We review our works in progress with fresh eyes, examining what this piece really means to us, what our hopes and aims for it are. You will be guided to imagine what a creative manifesto would look like, to make a commitment to honour your project in a way that ignites joy and generates energy

Week 6: Goals Review

At the halfway mark, we re-visit our original goals to mark our progress, celebrate our achievements, and consider what might have changed. If new

goals have emerged or if the sands have shifted, how can we build mindfulness into the idea of striving towards targets? We invite you to upload your Goal Review into our private digital space

Week 7: Reflective Practice (Live session)

We take creative inspiration from a range of stimuli in this session in order to turn the lens back inwards. In the flow of forward motion, what does it mean to stand still for a moment. What might we discover, about our writing and ourselves?

Week 8: Mindset

Coaching draws from mindset theory to help you understand what it means to take your next best step. In this session we drawn down from these theories to examine what adopting a growth mindset might mean for our writing as an integrated part of our wider lives, discovering new possibilities for expansiveness

Week 9: Problem Solving (Live session)

In writing, as in life, it is not enough to rely on 'flow', which as we will have explored in mindset week is an arbitrary state of consciousness. Instead, we can focus our energies in ways that are deliberate, and generate from within. How can we use these skills to problem-solve, on or away from the page, when things don't go as planned?

Week 10: Rest as a Radical Act

At Being A Writer our focus is always on process before product, and resilience as a vital tool. But resilience alone is not the answer. We ask what rest look like for you, and look at how we can build it into our lives in a way that protects our creativity, and allows our writing, and us, to flourish

Week 11: Writer-led group session

As we stand at a threshold (the end of a group programme), we consider what happens if we imagine the spaces between things as fertile ground for discovery and imagination. What are the gaps you have identified as a group as they relate to your writing practice? In this co-devised session we invite you to tell us, and craft a space that answers your questions, with room to bring in a guest speaker who is best placed to lend their expertise.

Week 12: Commitment (Live session)

We take stock and re-visit our goals one final time together, considering where we are and vitally, what our next steps must be in order to build on the momentum we've created and to stay on track in ways that are healthy, inspired, and good for us. We invite you to share your commitments, as a way to actualise the next, important steps, in your onward writing life